



Medication Reviews: What You Need to Know

What is a Medication Review?

- A medication review is a chance for you to talk with your doctor or pharmacist about your medicines
- The goal is to review each medicine you are taking, what it is for, and how you should be taking it
- You should bring in ALL your medicines to your appointment to make sure nothing is missed
- The process can help identify potential problems with your medicines and allow those issues to be fixed
- Medication reviews also allow you to ask questions about your medicines

What to Expect

- Plan for the review to take 10-20 minutes. However, it may take longer if you take a lot of medicines or have a lot of questions about your medicines
- The doctor or pharmacist will ask you questions about how you get your medicines and how you take them, and may make changes if needed
- All information you share will remain confidential

What to Bring With You

- 1 All the medicines you are taking, including:**
 - ✓ Prescription medicines
 - ✓ Over-the-counter medicines
 - ✓ Supplements and vitamins
 - ✓ Ointments, creams, and patches
 - ✓ Eye drops and ear drops
 - ✓ Injectables (if feasible to bring)
- 2 A complete, printed list of all your medicines, including:**
 - ✓ Name of each medicine
 - ✓ Why you take it
 - ✓ How much you take (dose)
 - ✓ How often you take it
- 3 A written list of any questions you have about your medicines**
- 4 A complete list of all your doctors with their contact information**